

Canadian Psychological Association
ANNUAL REPORT
2019-2020

CANADIAN
PSYCHOLOGICAL
ASSOCIATION



SOCIÉTÉ
CANADIENNE
DE PSYCHOLOGIE

TABLE OF CONTENTS

Message From Our President and Our Chief Executive Officer	2
Our Board of Directors	4
Our Staff	5
Who We Are	5
Our 2019 Membership by the Numbers	6
Affinity Benefits	6
Working on Your Behalf	7
Strategic Goal #1	8
Strategic Goal #2	11
Strategic Goal #3	13
Strategic Goal #4	15
Strategic Goal #5	18
CPA's Activity Specific to COVID-19	20
Our 2019 Annual National Convention	22
Our 2020 Award Winners	24
CPA Student Research and Knowledge Mobilization Grants	26
Our Partners	27
Our Sections	30
Our Committees, Task Forces, Panels, and Journals	35
CPA's 2020-2025 Strategic Plan	37

MESSAGE FROM OUR PRESIDENT AND OUR CHIEF EXECUTIVE OFFICER



Ian R. Nicholson, PhD, C. Psych.
President (2019-2020)
Canadian Psychological
Association



Karen R. Cohen, PhD, C. Psych.
Chief Executive Officer
Canadian Psychological
Association

The CPA's first mandate is "to improve the health and welfare of all Canadians". This mandate is made possible because the research, practice and education of psychology has such broad and deep relevance to how well individuals, communities, workplaces and societies thrive.

There is no more pressing example of psychology's relevance than the challenges faced as the result of COVID-19. While some of us will physically suffer the illness, all of us suffer its psychological effects. We worry about the health and welfare of ourselves and our loved ones. We struggle to help our children learn and thrive at home. We grapple with job losses, financial pressures and changes to business models. We suffer the effects of our isolation from our friends, our families, and our colleagues and the loss of usual activities so important to our wellbeing.

Psychology researchers, educators and practitioners help inform what we know, and how we cope, with the most profound of human issues and problems. As Canada's national voice for psychology,

the CPA supports the work psychologists do and shares this work with the public, and our partners and stakeholders whose own work it can inform.

In the pages that follow, you will find an overview of what psychology accomplished in 2019/20 – not just the accomplishments of the CPA's Board or our staff, or even our partners in health or science, but the accomplishments of our association's members, students and affiliates whose work fills the pages of our journals, provides the evidence for our policies, and forms the foundation of our advocacy messages.

Some key highlights this past year include:

- Our federal election platform to assist our members in messaging the importance of psychological research and practice to their federal candidates
- The launch of our Very Involved Psychologist/Very Involved Psychology Researcher program, aimed to support our members in their grass roots advocacy

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- The launch of the Mental Health Commission of Canada's Psychotherapy Policy Implementation Network (PPIN) – the result of the advocacy and leadership of the CPA among other partners. The PPIN shares the CPA's longstanding goal of making evidence-based psychological intervention accessible to Canadians
- International collaboration with other associations of psychology interested in the development of policy on the vital role of psychological factors in climate change
- Collaborations with other Canadian organizations, like the College of Family Physicians of Canada and the Canadian Foundation of Healthcare Improvement, to promote health care innovation
- Investing in the career development of our discipline by compiling resources for posting on the CPA's website, featuring careers for psychology graduates outside of academia as part of this year's psychology month campaign, and by increasing the number of student research grants we offered in 2019
- Developing alternate plans for an inaugural career fair for 2020, following the cancellation of the career fair to have been held as part of the CPA's National Convention
- Continuing to develop our continuing professional development offerings and partnerships through a new webinar delivery platform acquired in 2020
- Consultative and collaborative review and revision of our Accreditation Standards and Procedures with an anticipated release for public comment in 2020
- Developing numerous resources and offering guidance to psychologists, Canadians and decision-makers on coping with COVID-19 and its impact on our lives, not the least of which is a swift move from an in-person convention in May to a virtual offering over the summer for meeting and knowledge exchange

The CPA's accomplishments are your accomplishments. For that we extend our thanks. What psychology researchers, practitioners and educators accomplish, matters. There is no greater example than the events of 2020 to clearly demonstrate how the study of how people think, feel and behave has tremendous import to human resilience.

On behalf of the CPA, we thank you for your work, your continued engagement, and for the opportunity to help you continue to help make a difference in the lives of Canadians.

OUR BOARD OF DIRECTORS

PRESIDENTIAL OFFICERS



PRESIDENT
Dr. Ian Nicholson
London, ON



**PRESIDENT-ELECT
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Ottawa, ON



PAST PRESIDENT
Dr. Samuel Mikail
Toronto, ON



**HONORARY
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Dr. Suzanne Stewart
Toronto, ON

DIRECTORS



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Moncton, NB



EDUCATION
Dr. Peter Graf
Vancouver, BC
(May 2019-April 2020)



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Calgary, AB



DIRECTOR-AT-LARGE
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Guelph, ON



DIRECTOR-AT-LARGE
Dr. Ada Sinacore
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Dr. Laurie Ford
Vancouver, BC



**STUDENT SECTION
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Ms. Chelsea Moran
Calgary, AB

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PSYCHOLOGY**
Dr. Sandra Byers
Fredericton, NB



**CANADIAN
COUNCIL OF
PROFESSIONAL
PSYCHOLOGY
PROGRAMS**
Dr. Kerrie Ritchie
Ottawa, ON



**CANADIAN SOCIETY
FOR BRAIN,
BEHAVIOUR AND
COGNITIVE SCIENCE**
Dr. Jo-Anne LeFevre
Ottawa, ON



**COUNCIL OF
PROFESSIONAL
ASSOCIATIONS OF
PSYCHOLOGISTS**
Dr. Judi Malone
St. Paul, AB

OUR STAFF

DR. KAREN COHEN
Chief Executive Officer

DR. LISA VOTTA-BLEEKER
Deputy Chief Executive Officer

PHIL BOLGER
Chief Financial Officer

GLENN BRIMACOMBE
Director, Policy and Public Affairs

LEANNA VERRUCCI
Director, Marketing and Membership

DAVID MERCER
Advisor, Education and Professional Development

CARA BERNARD
Manager, Governance and Sections Administration

KATHY LACHAPPELLE-PETRIN
Manager, Convention Program

DR. STEWART MADON
Registrar, Accreditation and Ethics Officer

KIMBERLEY BLACK
Executive Assistant

KATHRYN MCLAREN
Lead, Membership and Association Development

YUSSRA SOULTAN
Coordinator, Membership Data and Services

VIJAYA RAMESH
Coordinator, Finance

BEV GLUBE
Administrator, Finance

ERIC BOLLMAN
Communications Specialist

MATTHEW MURDOCH
(until January 2020)
Coordinator, Research and Education

EVA SHEPPARD-PERKINS
Assistant, Operations and Administration

MADELEINE SHEPPARD-PERKINS
(until August 2020)
Accreditation and Operations Assistant

SAMANTHA STRANC
Assistant, Accreditation

TIM BLEEKER
Webmaster and IT Governance

CARLY BROCKINGTON
Editor, Psynopsis Magazine

ADAM ASHBY GIBBARD
Graphic Designer

DR. JOHN CONWAY
(until December 2019)
Historian

JANET CLARKE
Human Resources Consultant

WHO WE ARE

ABOUT US

The Canadian Psychological Association (CPA) was founded in 1939 as the national association for the science, education, and practice of psychology in Canada. We were incorporated under the Canada Corporations Act, Part II, in May 1950 and received our Certificate of Continuance under the Canada Not-for-Profit Corporations Act (NFP Act) in August 2013. With nearly 7,000 members and affiliates, we are Canada's largest association for psychology.

MISSION

1. Improve the health and welfare of all Canadians.
2. Promote excellence and innovation in psychological research, education, and practice.
3. Promote the advancement, development, dissemination, and application of psychological knowledge.
4. Provide high-quality services to members.

OUR STRATEGIC FOCUS

As an association, we are guided by the vision that the science and practice of psychology has broad and deep relevance to public policy and the public good. We aim to realize this vision through the following strategic priorities:

1. Contribute to transforming the health system to improve mental health care for all Canadians.
2. Be the national voice in support of psychological science and its import for public policy.
3. Deliver and communicate a unique and responsive value proposition to Canadian psychologists and students.
4. Be a leading and valued provider of continuing professional development that helps enhance the competence and relevance of psychologists.
5. Continue to deliver excellence in strong fiscal management, stewardship of resources, and organizational effectiveness.

OUR 2019 MEMBERSHIP BY THE NUMBERS

MEMBERSHIP TYPE BREAKDOWN

CPA Fellow	149
CPA Member	4527
CPA Honorary Life Fellow	36
CPA Honorary Life Member	52
CPA International Affiliate	40
CPA International Student Affiliate	3
CPA Retired Member	100
CPA Special Affiliate	95
CPA Student Affiliate	1356
CPA Student Affiliate - Campus/Student Rep	31
CPA/APA Joint Member	27
CPA/APA Joint Fellow	2
CPA Complimentary Membership	7
CPA Retired Fellow	19
Total	6444

AGE BREAKDOWN

18 – 30 years	1,110 (17%)
31 – 45 years	2,112 (31%)
46 – 60 years	1,888 (28%)
61 – 100 years	1,598 (24%)

AFFINITY BENEFITS



WORKING ON YOUR BEHALF

4

Active Task Forces



32
Sections



Member of 12 alliances/coalitions

13

Awards



3

New Task Force Reports



3

Journals



21

Current Staff



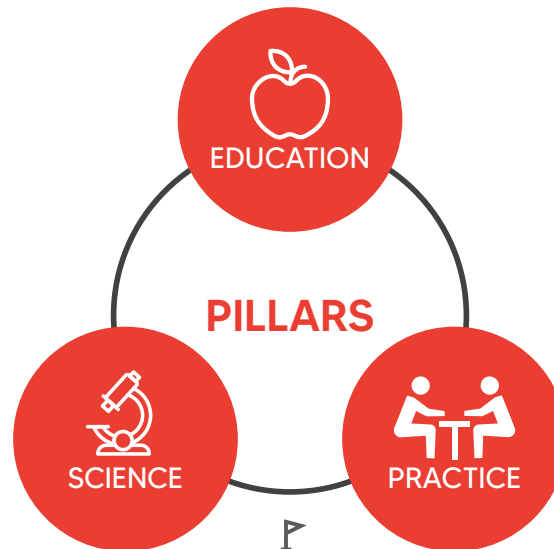
79

Accredited Programs



Members and Affiliates

6444



24,202

Social Media Followers



16

Online CE Courses



Research Grants
13



Government Submissions

Fact Sheets
71



Media Mentions

217

STRATEGIC GOAL #1

Contribute to Transforming the Health System to Improve Mental Health Care of All Canadians



CHIEF PUBLIC HEALTH OFFICER

The CPA continues to participate in meetings organized by Canada's Chief Public Health Officer. In November and December, Dr. Cohen participated in these meetings, one of which was focused on problematic substance use. Since mid-January 2020, the CPA is now represented at these meetings by Glenn Brimacombe. The most recent meetings have focused on the release of Dr. Tam's latest report on the State of Public Health in Canada 2019, Addressing Stigma: Towards a More Inclusive Health System, and Canada's response to COVID-19.

HEALTH CANADA'S CANADIAN PAIN TASK FORCE

Dr. Votta-Bleeker has consulted with this task force, sharing the CPA's various pain-related fact sheets and discussing psychology's expertise in pain management. The CPA has been invited to attend various meetings and participate in various online consultations and has supported the Task Force's work as its shifted focus to the impacts that COVID-19 has had on pain management.

MENTAL HEALTH APPS

In December, Health Canada sent an invitation inviting the CPA to a small group meeting on the use of mental health apps. Dr. Cohen attended this virtual meeting in February at which time discussion revolved around the use and classification of mental health apps; notably whether or not these were health treatments or devices.

DISABILITY ADVISORY COMMITTEE (DAC)

Dr. Cohen continues to co-Chair this committee, having been appointed by Canada's Minister of Revenue at the end of 2017 through 2019 and was asked to extend her term through 2021. Its mandate is to advise the Minister of National Revenue and the Commissioner of the CRA on the administration and interpretation of policy and programs related to disability tax measures. Sentinel activities of the DAC include a series of focus groups with health care providers to ascertain whether the administrative and legislative recommendations made to the Minister of Revenue to improve upon the administration of the Disability Tax Credit captured the concerns and recommendations they expressed in response to a survey of their views in 2018. In this capacity, Dr. Cohen was also invited by the Minister to attend the throne speech in December.

FEDERAL ELECTION FOLLOW UP

The Prime Minister's mandate letters were circulated in December. The CPA sent letters of congratulations to the Minister of Health, Patty Hajdu, and the Minister of Innovation, Science, and Industry, Navdeep Bains, tying our contributions and offers of assistance to their mandates.

PSYCHOLOGY AND CLIMATE CHANGE

In November, Dr. Cohen attended a meeting of international psychology leaders coming together on public policy – identifying the issues in the public interest to which

psychology can contribute and about which we can collaborate. The theme for the meeting was climate change. All countries presented on climate change issues and initiatives in which each was involved and we each signed a proclamation on collaboration. Each association was asked to declare steps taken following the meeting. The CPA's included: 1) delivering a symposium at the CPA's annual convention, 2) drafting a position paper (and fact sheet) on the application of psychological science to climate change and redressing climate change; 3) devoting an issue of *Psynopsis* to the topic; 4) recommending our discipline's expertise to the interim leader of Canada's Green Party for whom climate action is a policy priority; and 5) sharing information with our membership.

FITNESS TO STAND TRIAL AND CRIMINAL ASSESSMENTS

Senior staff continue to work with the Criminal Justice Section over the past year to amend the Code of Canada to name psychologists as assessors of fitness to stand trial criminal responsibility. In 2019, we authored letters to each of Canada's Attorney Generals calling on them to appoint psychologists to these roles.

PRACTICE MANAGEMENT OFFERING

In 2020, CPA finalized its agreement with a Practice Management developer that aims to meet the digital practice needs of psychologists in Canada. This offering, developed for psychologists, will be launched in the coming days.

MENTAL HEALTH AND THE WORKPLACE

The Rotman Institute offered an inaugural mental health in the workplace event at the end of November. CPA Past President (2018-2019), Dr. Sam Mikail, participated in a panel during which he talked about the costs and cost offsets of psychological services as well as how to create better access to psychological services in the private sector.

VERY INVOLVED PSYCHOLOGISTS (VIP) / VERY INVOLVED PSYCHOLOGY RESEARCHERS (VIPR)

In 2019, the CPA introduced this program which is designed to engage members and affiliates in grass roots advocacy with their MPs. Mr. Brimacombe has been convening orientations sessions with interested members and students. Dr. Cohen has presented on the topic to various groups of residents.

CANADIAN ASSOCIATION OF OCCUPATIONAL THERAPISTS (CAOT)

Dr. Cohen met with the newly installed CEO of the CAOT to discuss the CPA's newly finalized paper on test use; meetings were also had between the two CEOs, President-elect and Chair of Professional Affairs, Dr. Kim Corace, and the President of the CAOT. The CAOT is interested in developing a collaborative paper with the CPA on complementary psychology and occupational therapy practice.



CANADIAN FOUNDATION OF HEALTHCARE IMPROVEMENT (CFHI)

In 2019, the CPA joined the CFHI Priority Innovation Health Challenge. The Challenge provides funding for practitioners looking to improve access to community mental health and addiction services or home and community care services. The challenge recognizes measurable impacts and rewards success for ideas that focus on delivering more improvement for more people – and making them last. The call was disseminated to the CPA membership and, in addition, brought to the attention of psychology research-practitioners doing innovative work to integrate psychological care into primary care and/or for sentinel populations and conditions.

COLLEGE OF FAMILY PHYSICIANS OF CANADA (CFPC)

In November 2019, CPA President-elect, Dr. Kim Corace attended a meeting at the invitation of the CFPC focused on the integration of mental health services in primary care. The CPA was joined by the Canadian Psychiatric Association and together we issued calls to our respective memberships to submit details of their innovative and service delivery efforts, integrated into primary care. At the time of this writing, submissions are being reviewed to be recommended to the CFPC for inclusion into an Innovation in Primary Care series.

PROFESSIONAL TRAINING SUMMIT

Under the leadership of the CPA's presidential officers, Dr. Sam Mikail and Dr. Ian Nicholson, CPA convened a professional training summit in May 2019. The summit produced a number of recommendations around 5 themes which included:

1. Standards and Models of Training for Academic and Internship Programs
2. Supervision and Mentorship Throughout Professional Lifespan
3. Responding to the Needs of First Nations and Under-Represented Groups
4. Technology and Professional Practice
5. Interprofessional Education and Collaborative Practice

Key recommendations have been incorporated into the CPA's 2020-2025 Strategic Plan to be launched at the May 2020 AGM.



STRATEGIC GOAL #2

Be the National Voice in Support of Psychological Science and Its Import for Public Policy



FUNDAMENTAL SCIENCE IN CANADA

Since the release of *Investing in Canada's Future: Strengthening the Foundations of Canada's Research*, we have continued to advocate for fundamental science by calling for the implementation of all the report's recommendations. Over the last year we have:

- called for the implementation of all the report's recommendations in our 2019 pre-budget submission;
- discussed fundamental science and how best to implement the report's outstanding recommendations with representatives of CIHR, SSHRC, NSERC, Mitacs and CFI at the Canadian Consortium for Research's (CCR) 8th annual breakfast with the funders; and
- developed a proceedings report from a summit the CCR and the CPA co-hosted on issues impacting Canada's research community

SUMMIT FOR ACADEMICS AND SCIENTISTS

In May 2019, we co-hosted a two-day summit with the CCR titled, "*What's needed and what's next for Canada's research community: A summit for scientists/ researchers working in or outside of academia.*" A summary of the summit was published in a Special Issue of *Canadian Psychology* published in November.

A special issue of *Psynopsis* was also created to summarize and highlight key messages from the Summit. Following on the recommendations of the Summit, the CPA:

- had organized an inaugural career fair to be held at the CPA's 2020 Annual Convention. Unfortunately, given the convention's cancellation, the career fair was cancelled, and we are exploring plans to host it in the fall, either in-person (if able to do so) or virtually;
- has been compiling career-development related resources for posting on the CPA's website;
- featured careers for psychology graduates outside of the academic and clinical settings as part of this year's psychology month campaign; and
- increased the number of student research grants the CPA offered in 2019.

TRI-AGENCY GRANTING COUNCILS: SOCIAL SCIENCES AND HUMANITIES RESEARCH COUNCIL (SSHRC), CANADIAN INSTITUTES OF HEALTH RESEARCH (CIHR), NATURAL SCIENCES AND ENGINEERING RESEARCH COUNCIL OF CANADA (NSERC)

Dr. Votta-Bleeker maintains regular communication with CIHR, SSHRC, and NSERC, namely through each council's Vice-President of Research, regarding funding for

psychological research, the proportion of operating grants awarded that have a mental health or psychology component, need for cross-agency funding opportunities, and funding issues impacting Canada's psychology researchers and students; most recently, their conversations have focussed on research issues and impacts as related to COVID-19.

CIHR, SSHRC, and NSERC had been scheduled to be part of a tri-agency presentation on funding for psychology at this year's CPA 2020 Annual National Convention. NSERC was also scheduled to part of the CPA's inaugural career fair.

CONFERENCE SUPPORT FUNDS

We are pleased to continue providing support for psychology-related conferences that specifically target engagement and participation of undergraduate psychology students with four annual awards valued at \$500 each. Over the last year, awards were granted to the Interdisciplinary Conference in Psychology at the University of Ottawa (May 2020), PREACH 2020 (July 2020), 14e Journée scientifique annuelle du Département de psychologie de l'Université de Montréal (April 2020), and the 2020 Science Atlantic Undergraduate Conference in Psychology; given COVID-19, not all of the conferences to which funds were awarded were able to proceed.

RECRUIT RESEARCH PARTICIPANTS PORTAL (R2P2)

We continue to receive submissions via R2P2. This service allows our members and affiliates who are seeking participants to post notices of their studies on our website. The notices are also share in CPA News.

SURVEYS

We continue to offer survey development and analytic support to members and external partners. Dr. Votta-Bleeker oversees and consults on survey development as needed.

PSYCHOLOGY FOUNDATION OF CANADA (PFC)

The PFC continues to administer some of the CPA's grants and awards; due to COVID-19, this year's awards have been postponed.



STRATEGIC GOAL #3

Deliver and Communicate a Unique and Responsive Value Proposition to Canadian Psychologists and Students



ACTIVITIES

STUDENT REPRESENTATIVES

We continued to reward student affiliates who volunteer as CPA campus representatives and/or CPA student representatives. We wish to thank our Student Section executive and volunteers for their continued support.

FACULTY REPRESENTATIVES

We continue to work with our Student Section on ways to fill the vacant faculty representative positions at universities across Canada.

PSYCHNET GOLD

We continue to offer members access to PsychNET Gold at a special member rate. This service offers members access to the American Psychological Association's (APA) journal database.

PSYCHOLOGY MONTH

Psychology is engrained in our lives in so many diverse ways. Psychology works to help people live health and happy lives, communities flourish, employers create effective workplaces, and governments develop good policies. During Psychology Month 2020, we highlighted 29 psychology graduates working outside of both the academic and clinical settings as a means of showcasing the diverse ways in which psychology is engrained in our lives. Each day, we posted a new profile on Instagram (@canadianpsychological); shared stories and

profiles on Twitter (@CPA_SCP) and on the CPA's Facebook page. A poster was created that could be downloaded, posted and shared; and we encouraged members to participate in online discussions about how psychology works while using the hashtags #PsychologyMonth and #PsychologyAtWork.

PUBLICATIONS

NEW "PSYCHOLOGY WORKS" FACT SHEETS

We updated many of our fact sheets and posted a new fact sheet on anxiety related to food allergy in children. We also developed and posted over 10 fact sheets specific to or related to COVID-19, inclusive of digitizing our fact sheet on coping during the COVID-19 pandemic into a video. Many thanks to the authors of our fact sheets for sharing their expertise and to our sections for their assistance in developing and updating these resources.

CPA JOURNALS

Dr. Votta-Bleeker oversees all our publications as chair of our Publications Committee and managing editor of our three journals: *Canadian Psychology (CP)*, *Canadian Journal of Experimental Psychology (CJEP)*, and *Canadian Journal of Behavioural Science (CJBS)*.

- Dr. Randall Jamieson serves as Editor for *CJEP* in collaboration with three Associate Editors Dr. Glen Bodner, Dr. Jean Saint-Aubin, and Dr. Debra Titone.

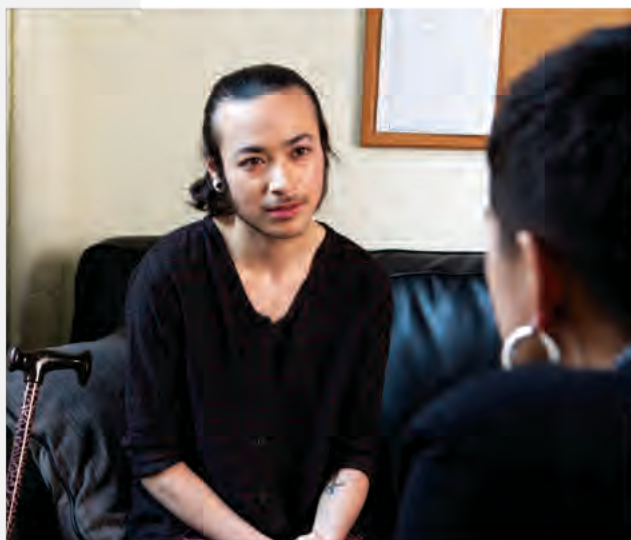
Under their Editorship, *CJEP* has built on the journal's previous Editor's efforts, and continued its commitment to open science including Open Science Badges and Registered Reports. The journal is developing two special issues, one on Comparative Cognition and another on Language and Meaning.

- *CP's* Editor is Dr. Vina Goghari. Dr. Paul Samuel Greenman and Dr. Donald Sharpe serve as Associate Editors. Under their editorship, *CP* published a Special Issue in conjunction with the CPA on Graduate Education, Research, and Professional Training in Psychology. The journal is developing two special issues, one on Building a More Cumulative Psychological Science, which for the first time brings the replication debate to a Canadian Journal in a fulsome way, and one on Teaching Psychology.
- Dr. Allison J. Ouimet serves as Editor of *CJBS*. Dr. Pierre Cormier and Dr. Kimberly Noels serve as Associate Editors. The journal is developing a special issue on Emerging Research in Industrial-Organizational Psychology in Canada.



STRATEGIC GOAL #4

Be a Leading and Valued Provider of Continuing Professional Development That Helps Enhance the Competence and Relevance of Psychologists



CONTINUING PROFESSIONAL DEVELOPMENT

We currently have 28 approved ongoing continuing education (CE) sponsor organizations. We approved 19 individual providers in 2019 and, so far, have reviewed and approved two in 2020. In addition to the courses offered by our sponsor organizations and providers, we are offering the following online courses:

- Being an Ethical Psychologist (updated to reflect 2017 Code of Ethics revision)
- Starting and Operating an Independent Professional Practice in Psychology (updated for 2018)
- A Psychologist's Guide to Psychopharmacology
- DSM-5: Changes and Implications for Professional Practice
- Evidence-Based Treatment of PTSD Within Military Populations
- Addressing Insomnia in Those with Depression: An Evidence-Based Approach
- Evidence-Based Correctional Practice for Working with Offenders with Mental Illness
- Integrated CBT Treatment for Anxiety in Clinical Practice
- Transition Assessments for Criminal and Violence Risk: Theory, Ethics, and Application
- Assessment of Malingering
- Knowledge Mobilization 101
- Advanced Skills in Mindfulness-based Interventions: Navigating the Ethics in and of Mindfulness
- Perfectionism: A Relational Approach to Conceptualization, Assessment, and Treatment
- Psychopharmacology Clinical Update
- Cognitive Behavioural Therapy for Psychosis
- Behavioural Events as a Unit of Analysis in Case Formulation: Anger Episodes and Criminal Offences
- The Emerging Practice of Police Psychology in a Canadian Context
- Putting the LEARNING back in Learning Disability: Consensus Guidelines on Diagnosis and Assessment

We continue to update our existing courses - updated materials for "Being an Ethical Psychologist", including a revised presentation and resources, went live in March 2020.

In late March 2020, the CPA Education Directorate acquired a new webinar delivery platform to facilitate delivery of both live webinar content and recorded Continuing Professional Development (CPD) courses. An initial free webinar presentation, Psychological Care of Frontline Health Care Providers During the COVID-19 Pandemic: Issues to Consider, hosted on April 9 by Dr. Anita Gupta, was extremely well-received, with approximately 700 live viewers and nearly 300 views on the CPA YouTube channel to date. The platform will be the primary delivery method of the Pre-Conference Workshops and In-Conference Professional Development Workshops for those willing to transition to online delivery of sessions originally planned for the 2020 Montreal convention. It is anticipated that the recording of these workshops will lead to a significant increase in the number of online CPD courses available on the CPA website.

APPROVAL OF CONTINUING EDUCATION ACTIVITIES

The CPA was approved as a Continuing Education Sponsor by the American Psychological Association in April 2020 for a 5-year term.

ACCREDITATION

ACCREDITED PROGRAMS

We accredit a total of 40 internship programs and 41 doctoral programs, including the newly accredited PsyD Programme in Clinical Psychology at the Université de Moncton, and two newly-accredited internships; the Halifax Area Clinical Residency and the South Island Pre-Doctoral Residency Program in Clinical and Counseling Psychology.

COVID-19 RESPONSE

The CPA Accreditation Panel and Registrar have been liaising with national and international training partners to address the issues caused by the COVID-19 pandemic on psychology training. The CPA Panel signed a joint statement with ASPPB, APPIC, and the APA concerning the impact of COVID-19 on training in North America. The Panel also participated in a joint statement with the CCPPP and ACPRO concerning Canadian Training's response to the COVID-19 pandemic, including an agreement to increased flexibility regarding the impacts of training interruptions for students. The Registrar continues to meet regularly with Canadian training stakeholders to monitor the evolving COVID-19 situation.

CROSS-BORDER TRAINING

Our Registrar of Accreditation, Dr. Madon continues to liaise with the American Psychological Association, the Canadian Council of Professional Psychology Programs





(CCPPP), and other stakeholders on matters related to professional training in Canada and the US. Recently, the CPA Accreditation Panel also produced a resource letter for students seeking visas to complete internships in Canada or the USA; that letter is expected to be provided alongside letters from APPIC and the APA to help those students who would like to cross the Canada-US border to complete their training.

ACCREDITATION STANDARDS

Our Accreditation Panel is undertaking a review of our accreditation standards. The panel first surveyed directors of training of our accredited programs and current and former site visitors, then used the results in conjunction with other feedback it received to construct a public consultation survey. The survey was sent to other stakeholders, and the results of both surveys will inform revisions to the standards. A Standards Revision Committee that includes representatives from academic and internship training programs and current site visitors has now been appointed to oversee the revision process and liaise with stakeholders in the training community. The updated draft of the Standards is expected to be reviewed by the Accreditation Panel in the Spring of 2020. Subsequently, the revised standards will be released for public comment before being submitted to our Board of Directors for approval in 2021.

PANEL MEMBERSHIP

The Panel wishes to thank Dr. Ada L Sinacore and Dr. Laurie Ford for their recent service; both completed their terms on the Panel in June 2019. The Panel would also like to thank their outgoing student member, Mr. Matthew McDaniel, who will be completing his term in June 2020.

STRATEGIC GOAL #5

Continue to Deliver Excellence in Strong Fiscal Management, Stewardship of Resources, and Organizational Effectiveness



We work to ensure that all our resources are used effectively to best meet our strategic priorities and serve our members. Our 2019 auditor's report (Welch LLP) is posted on our website and its findings will be reviewed at our 2020 annual general meeting. The report delivered an unqualified audit opinion for 2019. Mr. Bolger and our financial team, Ms. Ramesh and Ms. Glube, are to be credited for this excellent report.

KEY HIGHLIGHTS OF THE 2019 AUDIT REPORT

- 2019 realized a surplus of \$244,992, which is an improvement from the 2020 budget of \$274,093
- Revenue was higher than budget by \$38,725. Notable positive variances include additional investment revenue of \$86,786, and higher affinity revenue of \$22,726. This was partially offset by lower convention revenue of \$114,870 reflecting lower than anticipated registrants
- Overall, the CPA saved \$235,368 from the planned spending in the budget. These savings were spread across the organization, and notable savings include Convention (\$39,895) and Salaries & Benefits (\$54,951) related to delays in replacing departed staff members
- 2019 saw many new projects and initiatives including a Summit on the Future of Professional Psychology Training (\$84,795), Summit for Researchers/Scientists Working In or Outside of Academia co-hosted with the Canadian Consortium for Research (\$27,476), and various activities related to the CPA's Response to the Truth and Reconciliation Commission (TRC) of Canada's Report (\$12,796)
- Our unexpected surplus helps us maintain our strong reserve position – our unrestricted reserve balance of \$1,846,937 exceeds our updated reserve target of \$1,060,000. In addition to our unrestricted reserves, we are holding restricted reserves of \$157,955 for the accreditation fund, \$61,387 for the Wesley Coons Memorial Fund, and other smaller funds as described below
- The strong reserve position will play a role as the CPA manages the myriad of implications related to the effects of the COVID-19 pandemic

REVENUE

Membership Fees	\$1,715,835
Convention	\$379,169
Royalties	\$291,714
Accreditation Panel	\$277,000
Sponsorship and Affinity	\$146,111
Advertising	\$107,041
Grants & Contributions	\$47,997
Course Fees	\$46,346
Investment	\$146,786
Other	\$,6321
Total Revenue	\$3,164,320

RESERVES BY TYPE

Externally Restricted	Wesley Coons Memorial Fund	\$61,387
Internally Restricted	Accreditation Panel	\$157,955
	IUPsyS	\$7,268
	Publications	\$89,135
	Section Support	\$3,727
Unrestricted		\$1,846,937
Total Reserves		\$2,166,409

EXPENSES

Administration	\$1,870,587
Convention	\$308,291
Public Affairs	\$24,295
Accreditation Panel	\$259,076
Membership	\$41,230
Journals, Publications & <i>Psynopsis</i>	\$191,770
Science Directorate	\$40,818
Professional Affairs	\$139,828
Education Directorate	\$30,353
Other	\$13,080
Total Expenses	\$2,919,329

CPA'S ACTIVITY SPECIFIC TO COVID-19



COVID-19's impact on individuals, families, workplaces and communities have been profound. Below is a summary of how the CPA endeavored to support its members and affiliates, as well as the public, during the pandemic. All of these are described in more detail on a COVID-specific area of the CPA's public website.

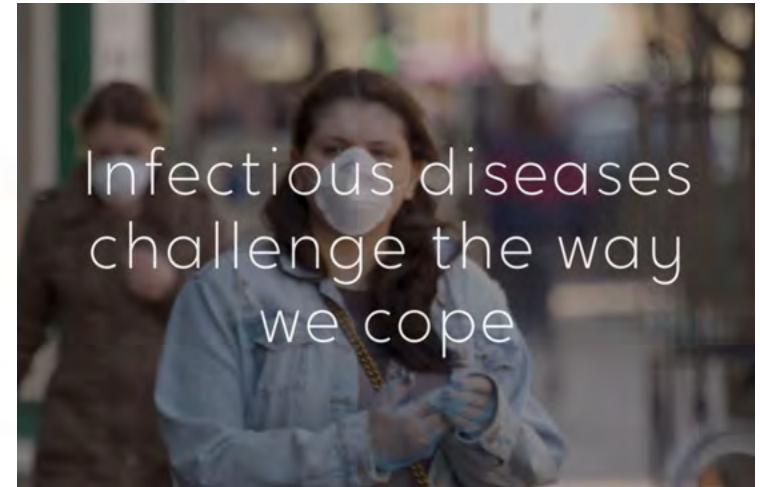
- A series of facts sheets with information for the profession (practitioners, scientists, and educators), students, and the public on coping with COVID-19
- Created a YouTube video for the public on coping with COVID-19
- Developed and/or circulated articles, resources and webinars on the impact of COVID-19 on psychological practice
- Webinars for the staff of our partner organizations on coping with the psychological impacts of COVID-19
- A repository of information and links for members and affiliates on a number of COVID-19 related initiatives, supports and information
- An emergency psychological response for health providers working on the front lines of COVID-19
- Liaisons with Canada's tri-agencies on the impacts of COVID-19 on Canada's researchers and the role of psychological research in understanding the biopsychosocial impacts of COVID-19
- Circulated notices to the membership from the tri-agencies on COVID-specific funding envelopes
- Developed resources on managing research projects during the pandemic
- Collaborative statements with ACPRO and CCPPP on the impact of COVID-19 on training
- Webinar on telepsychology practice and on the wellbeing of health care providers
- Transitioning the CPA's 81st Annual National Convention to a virtual event to be held over the summer months
- Holding the CPA's 2020 Annual General Meeting virtually
- Working with the CPA's Sections to transition their annual meetings and the Section Chairs Annual meeting from in-person to virtual meetings
- Media interviews by CPA Executives and members on the psychological impacts of COVID-19

- Advocacy, alone and with our partner organizations, with –
 - Canada's larger insurers calling for coverage of telepsychology, removal of requirements for physician referral where these exist, and coverage caps that allow for an evidence-based dose of treatment
 - Canada's ministers of health calling for support for psychological services
 - Canada's Minister of Finance, calling attention to the shortfall in federal financial relief measures as applied to psychological practice



Free psychological services for front line health care providers throughout COVID-19

cpa.ca/coronavirus/psychservices





Days
3



**CPA'S 2019 ANNUAL
NATIONAL CONVENTION:
HALIFAX, NS**
(MAY 31 - JUNE 2, 2019)



Total Attendees
1,219



Symposia
40



CPA Keynote
Addresses
4



Scientific Program Streams

32



GIMME-5 Presentations

71



Posters



441



Professional Development Workshops

25



OUR 2020 AWARD WINNERS



CPA Gold Medal Award for Distinguished Lifetime Contributions to Canadian Psychology

DR. DEBBIE S. MOSKOWITZ



CPA Donald O. Hebb Award for Distinguished Contributions to Psychology as a Science

DR. MICHAEL SETO



CPA Award for Distinguished Contributions to Public or Community Service

DR. NICHOLAS CARLETON



CPA Award for Distinguished Contributions to Education and Training in Psychology in Canada

DR. ADAM MCCRIMMON



CPA Award for Distinguished Contributions to Psychology as a Profession

DR. DAVID J. A. DOZOIS

CPA John C. Service Member of the Year Award

CPA ENVIRONMENTAL PSYCHOLOGY SECTION

CPA Humanitarian Award

Connected North
TRANSFORMING LIVES THROUGH TECHNOLOGY



CPA President's New Researcher Awards

DR. DANIEL KOPALA-SIBLEY



CPA President's New Researcher Awards

DR. LINDIE LIANG

OUR 2020 AWARD WINNERS



CPA FELLOWS

Dr. Tavis Campbell
Dr. Joel Goldberg
Dr. Norah Vincent

SECTION NEWSLETTER AWARD WINNER

Criminal Justice: Fall/Winter 2019,
Volume 26, Issue 2

BEST JOURNAL ARTICLE AWARD WINNERS

Canadian Journal of Behavioural Science: Skye Fitzpatrick, Danielle E. MacDonald, Traci McFarlane, and Kathryn Trottier. An experimental comparison of emotion regulation strategies for reducing acute distress in individuals with eating disorders (2019, Vol. 51, No. 2, 90-99).

Canadian Psychology: Daniel E. Baxter and Luc G. Pelletier. Is nature relatedness a basic human psychological need? A critical examination of the extant literature (2019, Vol. 60, No. 1, 21-34).

Canadian Journal of Experimental Psychology: Chrissy Chubala, Ian Neath and Aimée Surprenant. A comparison of immediate serial recall and immediate serial recognition (2019, Volume 73, 5-27). Award co-sponsored with the Canadian Society for Brain, Behaviour and Cognitive Science.

CPA STUDENT RESEARCH AND KNOWLEDGE MOBILIZATION GRANTS

GRANT RECIPIENT	TITLE/FOCUS OF RESEARCH	AFFILIATION
Kheana Barbeau	Examining how women resolve cognitive dissonance during a body image threat and how these coping strategies affect motivation for eating regulation, body image, physiological stress responses, and weight-controlling behaviors	University of Ottawa
Ryan Cook	Validating the Conditional Reasoning Test for Workplace Psychopathy (CRT-WP)	Saint Mary's University
Cody Fogg	How competition and inequality affect the workplace	University of Regina
Kelsi Toews	The Process of Help-Seeking and Help-Receiving among Men who have Experienced Intimate Partner Violence and their Service Providers	University of Saskatchewan
Christopher J. Lively	Youth Interrogation Rights: Can Comprehension Be Enhanced Through the Multimedia Effect?	Memorial University
Bailee Malivoire	Imagining the glass half-full: An intervention to improve negative interpretation bias in GAD	Ryerson University
Chelsea Moran	Questionable Research Practices, Replication Crisis and Open Science: A National Survey of Canadian Psychology Students	University of Calgary
Corey Petsnik	Does Socioeconomic Status Moderate Reactions to Ostracism?	University of Manitoba
Kristin M. Schramer	Understanding Turner Syndrome in Women using Photovoice	University of Windsor
René-Pierre Sonier	Aging and episodic memory: Testing the Associative Deficit Hypothesis	University of Moncton
Elaine Toombs	Community Consultation of Primary Mental Health Care Needs in Rural Indigenous Communities	Lakehead University
Vivien So	Chinese Canadian young adults' experiences of parental monitoring	University of Victoria
Odelia Wong	How AVI Design Affects Applicant Outcomes: Interview Performance, Impression Management, and Anxiety	Saint Mary's University

OUR PARTNERS



CANADIAN ALLIANCE OF MENTAL ILLNESS AND MENTAL HEALTH (CAMIMH)

We continue to support CAMIMH's work. In 2019, our activities included bookkeeping and secretariat services, participating in CAMIMH's public affairs and management committees, and participating in their Champions of Mental Health Awards selection committee. Dr. Cohen and Mr. Brimacombe have been contributing to a policy paper being developed by CAMIMH on mental health parity.

CANADIAN COALITION FOR PUBLIC HEALTH IN THE 21ST CENTURY (CCPH21)

We continue to be a member of the CCPH21, ensuring that mental health is given a voice on the public health agenda. Dr. Votta-Bleeker attends these meetings as our representative. Areas of focus for advocacy in 2020 for CCPH21 include: 1) climate change and human health; and 2) reconciliation and anti-racism, oppression, stigma and discrimination.

CANADIAN CONCUSSION COLLABORATIVE (CCC)

We continue to support the work of the CCC. Thanks to Dr. Cathy Gow who represents the CPA at meetings of the CCC. Our function on the CCC is to highlight the roles psychologists can play in standardized, functional assessments of cognitive function; treatment of brain injury; and care for consequential mental health issues.

CANADIAN CONSORTIUM FOR RESEARCH (CCR)

Dr. Votta-Bleeker continues to chair the CCR, which meets bi-monthly at our office to discuss issues related to research in Canada. It recently hosted its 8th annual breakfast with the funders, developed a report from the Summit it co-hosted with the CPA on career paths for Canada's researchers/scientists, and continues to focus its advocacy efforts on keeping the recommendations of the Fundamental Science Review top of mind for government.

CANADIAN COUNCIL OF PROFESSIONAL PSYCHOLOGY PROGRAMS (CCPPP)

The CCPPP continues to work with the Association of Psychology Postdoctoral and Internship Centers to coordinate the internship application and interview process, including a two-step notification and coordination of interviews, nationally, in Canada, as well as cross-border training. This year, a task group worked to clarify and standardize how to count hours as they relate to practicum experiences. They also introduced a new Diversity newsletter that highlights what programs are doing across the country. In the memory of the late Mike Teschuk, a long time CCPPP Executive member, they established The Mike Teschuk Award for Excellence in Service to Psychology Award; it will be awarded this year on May 27th. The CCPPP also collected national information on the impact of

OUR PARTNERS

COVID-19 on training programs, and has been working with the CPA's Accreditation Department, ACPRO, and the CCTC to develop guiding principles for training.

CANADIAN LIFE AND HEALTH ASSOCIATION (CLHIA)

The CPA continues its collaboration with CLHIA largely through its membership in the EHPC (see section on the EHPC).

CANADIAN SOCIETY FOR BRAIN BEHAVIOUR AND COGNITIVE SCIENCE (CSBBCS)

The CSBBCS has advocated alongside the CPA for the implementation of the recommendations made in the report of the Fundamental Science Review. It also continues to play a key role in the production of the *Canadian Journal of Experimental Psychology*. As a member of our Scientific Affairs Committee, Dr. Jo-Anne LeFevre assisted in adjudicating our third funding envelope for student research and knowledge mobilization.

COALITION FOR SAFE AND EFFECTIVE PAIN MANAGEMENT (CSEPM)

Dr. Cohen represents us on CSEPM, an inter-professional coalition convened to address upstream solutions to the use of opioids, principally through access to health services that are effective for pain management. Its final report on the topic is entitled: *Reducing the Role of Opioids in Pain Management*.

COUNCIL OF CANADIAN DEPARTMENTS OF PSYCHOLOGY (CCDP)

Dr. Sandra Byers of CCDP continues to keep us abreast of the education/training needs of psychology departments. They continue to offer Certificates of Academic Excellence to psychology students and to develop the Psychology Graduate Guide with the assistance of Canada's psychology department chairs. The CCDP provides two awards to undergraduate or graduate students as nominated by their departments: 1) The TA Award is for doing outstanding work as a teaching assistant; and 2) The Professional Development award is to contribute to students' professional development.

COUNCIL OF PROFESSIONAL ASSOCIATIONS OF PSYCHOLOGISTS (CPAP) AND ASSOCIATION OF CANADIAN PSYCHOLOGY REGULATORY ORGANIZATIONS (ACPRO)

Dr. Nicholson attended the November 2019 meeting of CPAP which included a collaborative meeting with the Association of Canadian Psychology Regulatory Organizations (ACPRO). This was the first meeting of CPAP and ACPRO since 2008.

EXTENDED HEALTH CARE PROVIDERS COALITION (EHPC)

Dr. Cohen and Mr. Brimacombe sit on this coalition of health providers whose

members work within and outside of the public sector. An important focus of our current work is liaising with the Canadian Life and Health Insurance Association (CLHIA) in addressing shared issues and concerns about health practice in the private sector. In November 2019, this work resulted in a guidance document for health providers entitled *Supplementary Health Insurance Explained for Healthcare Providers*.

MHCC ADVISORY COMMITTEE ON E-MENTAL HEALTH

Dr. Cohen continues to sit on the MHCC's advisory committee on e-mental health. It met in Toronto in March 2020 during the MHCC's e-mental health conference; Dr. Cohen and Mr. Brimacombe both attended the March meeting at which issues and innovations in e-mental health were discussed.

MHCC NATIONAL COLLABORATIVE FOR SUICIDE PREVENTION

Dr. Votta-Bleeker represents us on the MHCC's national collaborative for suicide prevention, having assumed this role following the departure of CPA's Research Coordinator, Mr. Murdoch. The Collaborative recently re-organized itself into three working groups: national strategy for suicide prevention, common messaging, and data and research. Dr. Votta-Bleeker sits on the Data and Research Working Group.

OUR PARTNERS

MHCC PSYCHOTHERAPY POLICY IMPLEMENTATION NETWORK

Dr. Cohen sits on this network of leaders and stakeholders whose objective is to ensure evidence-based mental health intervention in parity with physical health problems and conditions. The network's goal is to make recommendations for Canada to close gaps in equitable access to psychological assessment and psychotherapy.

MHCC SECTOR COLLABORATION

Dr. Cohen and Mr. Brimacombe attended a meeting of CAMIMH and the MHCC in February, convened by the MHCC. The purpose of the meeting was to examine consensus in the sector about advocacy priorities for mental health. While there are many sector priorities, the first and common one was access to mental health services broadly defined to include services of regulated mental health providers as well as others such as peer support.

NATIONAL RESEARCH ADVISORY COMMITTEE ON SUICIDE AND ITS PREVENTION

Dr. Votta-Bleeker sits on this committee. Its work is being supported by the Public Health Agency of Canada.

ORGANIZATIONS FOR HEALTH ACTION (HEAL)

Dr. Cohen continues to represent the CPA on HEAL, presently sitting on its

Management Committee. Mr. Glenn Brimacombe, CPA's new Director of Policy and Public Affairs, joins Dr. Cohen in HEAL activity. HEAL's advocacy priorities continue to be seniors and mental health.

With the emergence of the COVID-19 pandemic, HEAL has organized a subcommittee, on which Dr. Cohen sits, charged with bringing issues and contributions of Canada's health providers to the Minister of Health. The CPA brought the following issues to the subcommittee, in turn to be brought to the attention of the Minister of Health:

- Training and program completion for residents/interns
- Business disruption and continuity of patient care for practitioners
- Access to virtual care platforms in which psychologists could have privacy and security confidence
- Recommend that Health Canada work with provinces and territories to support inter-jurisdictional practice, encourage insurers and employers to cover psychological care delivered virtually, work with provinces and territories to close the access gaps to psychological care.

ONTARIO PSYCHOLOGICAL ASSOCIATION (OPA)

In 2019, CPA worked closely with the OPA on several policy documents. These included documents on the future of Ontario's psychologist human resource, psychologist supervision of non-psychologist practitioners, and the College of Psychologists of Ontario's Council motion to give title and scope to master's psychology practitioners.

VEGA PROJECT (VIOLENCE, EVIDENCE, GUIDANCE, ACTION)

The National Guidance and Implementation Committee for the development of Pan Canadian Guidance on Family Violence has completed its work. Our members, Dr. Kerry Mothersill and Dr. John Pearce represented CPA on this project. They presented an overview of their work at the CPA's 2019 convention and guest edited a special issue of *Psynopsis* on Family Violence, released in spring 2020.

OUR SECTIONS

Our Sections play an important role in meeting the needs of our members. They are integral to filling our convention programming, assist in organizing our pre-convention professional development workshops, send regular newsletters to their section members, and participate in the development of policies and positions in their areas of expertise. The following are highlights from some of our Sections.

ADDICTION PSYCHOLOGY

(139 MEMBERS)

Chair: Matthew Keough

- Continued planning for a web-based course on addiction

ADULT DEVELOPMENT AND AGING

(85 MEMBERS)

Chair: Marnin Heisel

- Continued external collaborations related to suicide-specific guidelines, toolkits, and educational tools
- Participated in process to update Psychology Works Fact Sheet on Suicide

BRAIN AND COGNITIVE SCIENCE

(154 MEMBERS)

Chair: Adam Sandford

- Collaborating with CPA Head Office to organize the CPA's inaugural career fair and develop career resources for non-academic paths

CLINICAL NEUROPSYCHOLOGY

(320 MEMBERS)

Chair: Vinay Bharadia

- Created and released suggested guidelines for Neuropsychological Assessment during the COVID-19 pandemic
- Awarded 3 \$1,000 student grant awards.
- Collaborated with AACN, NAN and APA Division 40 to include, for the first time, Canadian Neuropsychologists in their survey of professional practice in Neuropsychology

CLINICAL PSYCHOLOGY

(837 MEMBERS)

Chair: Kristin Reynolds

- Convention planning and abstract review.
- Review of section award applications.
- Winter executive face-to-face meeting in Winnipeg.

COMMUNITY PSYCHOLOGY

(63 MEMBERS)

Chair: Julie Beaulac

- Encouraged member engagement at the CPA's 2020 annual convention

OUR SECTIONS

COUNSELLING PSYCHOLOGY

(350 MEMBERS)

Chair: Marvin McDonald

- Collaborated with Indigenous Peoples' Psychology Section, Sexuality and Gender Identity Section, and Section for Women and Psychology to co-host a 2019 pre-convention workshop
- Published Proceedings from the 2018 Canadian Counselling Psychology Conference
- Recruitment of Dr. Natasha Maynard-Pemba as section keynote speaker for 2020 CPA Convention

CRIMINAL JUSTICE PSYCHOLOGY

(265 MEMBERS)

Chair: Sandy Jung

- Held the 4th North American Correctional & Criminal Justice Psychology Conference (N4) in Halifax
- Presented Don Andrews Career Contribution and Significant Contribution Awards and Graduate and Undergraduate Student Poster Awards at N4
- Awarded first recipient of the J. Stephen Wormith Graduate Research Award

DEVELOPMENTAL PSYCHOLOGY

(156 MEMBERS)

Chair: Nicole Sugden

- Discussions with Dr. Janet Werker to deliver a public lecture at a future CPA Annual Convention

EDUCATIONAL AND SCHOOL PSYCHOLOGY

(394 MEMBERS)

Chair: Laurie Ford

- Sponsored a convention session on Implications of the CPA's Response to the Truth and Reconciliation Report to Educational and School Psychology
- Provided student awards for research presented in convention poster sessions
- Continued advocacy for the strong role of school psychologists in mental health service provision to children and youth

ENVIRONMENTAL PSYCHOLOGY

(38 MEMBERS)

Chair: Lindsay McCunn

- Section recipient of the 2020 John C. Service Member of the Year Award
- Developing a CPA position paper about psychology's role in addressing climate change
- Section Chair Guest Editor for *Psynopsis* issue on psychology and climate change

EXTREMISM AND TERRORISM

(33 MEMBERS)

Chair: David Nussbaum

- Re-Election of Section Officers
- Very successful program at CPA2019 2019
- Commitment to participate in the CPA's 2020 Virtual Convention

OUR SECTIONS

FAMILY PSYCHOLOGY

(94 MEMBERS)

Chair: Jennifer Theule

- Awarded first biennial Outstanding Contribution to Family Psychology award to Dr. Maria Rogers, who also presented at the CPA2019 convention
- Organized a student symposium on family psychology for the CPA2020 convention
- Started a very active Twitter thread for our section, @CPA_FamilyPsych

HEALTH PSYCHOLOGY AND BEHAVIOURAL MEDICINE

(262 MEMBERS)

Chair: Justin Presseau

- Dr. Tavis Campbell elected as CPA Fellow
- Dr. Meghan McMurtry awarded 2020 Health Psychology and Behavioural Medicine Section's Early Career Award
- Collated national list of health psychology and behavioural medicine groups and labs to foster greater collaboration and support for prospective graduate students and post-docs

HISTORY AND PHILOSOPHY

(58 MEMBERS)

Chair: Jim Cresswell

- Initiated process to create an online hybrid course for history and theory of psychology (to serve clinical and counselling programs)

INDIGENOUS PEOPLES' PSYCHOLOGY

(165 MEMBERS)

Chair: Jeffrey Ansloos

- Section Chair served as co-Guest Editor for Issue of *Psynopsis* on Indigenous Peoples mental health and wellbeing: Updates in Canadian psychology practice
- Section Chair member of the CPA's Knowledge Sharing Group / Standing Committee on Reconciliation with Indigenous Peoples

INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY

(219 MEMBERS)

Chair: Nicolas Roulin

- Organizing a CJBS special issue on "Emerging Research in Industrial-Organizational Psychology in Canada"
- Launched a new initiative to communicate monthly about I-O topics/issues, for instance through posts on our social media platforms
- CSIOP member Lindie Liang won the CPA President's New Researcher Award

INTERNATIONAL AND CROSS-CULTURAL PSYCHOLOGY

(126 MEMBERS)

Chair: Maya A. Yampolsky

- Awarded 2019 student grants and launched new student grants in 2020
- Honoured the memory of Professor Marta Young in *Psynopsis*
- Organization of the ICCP Section's 2020 conference program

OUR SECTIONS

PSYCHOLOGISTS IN HOSPITALS AND HEALTH CENTRES

(181 MEMBERS)

Chair: Simone Kortstee

- Launched an online communication system for Section members to dialogue around shared issues related to the practice of psychologists in health settings
- Enabling our members to attend our Section's 2020 planned panel discussion virtually

PSYCHOLOGY IN THE MILITARY

(119 MEMBERS)

Chair: Damian O'Keefe

- Recognized top graduating Honours Psychology student at the Royal Military College of Canada
- Co-hosted a social event with the Industrial/Organizational Psychology section at the annual conference in Halifax

PSYCHOLOGISTS AND RETIREMENT

(56 MEMBERS)

Chair: Joseph Snyder (1943-2020)

- Due to the death of our Chair, Dr. Joseph Snyder, in late February, our Section is saddened and in need of reorganization to establish a new Executive

PSYCHOPHARMACOLOGY

(68 MEMBERS)

Chair: David Nussbaum

- Section Election with a New Chair-Elect and Newsletter editor
- Very successful and well attended Symposium at CPA2019 convention
- Commitment to participate in the CPA's 2020 virtual event

QUANTITATIVE ELECTROPHYSIOLOGY

(31 MEMBERS)

Chair: Elizabeth Hartney

- Focussed on credentialing and ethical practice of biofeedback practitioners
- Educating the psychology profession, and medical professionals more broadly, on the benefits of evidence-based, psychological treatment approaches based on self-regulation of physiological functions

QUANTITATIVE METHODS

(57 MEMBERS)

Chair: Andrea Howard

- Strengthening our social media presence
- Building a new Section website

OUR SECTIONS

RURAL AND NORTHERN PSYCHOLOGY

(100 MEMBERS)

Chair: Amanda Lints-Martindale

- Conferred the Award for Distinguished Career in Rural and Northern Practice
- Distributed two newsletters, with increased French content
- Continued advocacy for increased access to psychologists in Rural and Northern Canada

SEXUAL ORIENTATION AND GENDER IDENTITY

(120 MEMBERS)

Chair: Karen Blair

- Publication of Special Issue of Psychology & Sexuality based on Preaching to the Choir 2018 & ICAP 2018
- Organization of Preaching to the Choir 2020

SOCIAL AND PERSONALITY

(133 MEMBERS)

Chair: Frederick Grouzet

- Under the direction of the Section's Chair-Elect, had reinstated the social psychology pre-conference day as part of CPA2020

SPORT AND EXERCISE PSYCHOLOGY

(73 MEMBERS)

Chair: Pier-Eric Chamberland

- Participated in panel on interprofessional collaboration at the CPA's Summit for the Future of Professional Psychology Training
- Devised an online platform for the publication of the Section's *Perseverance* Newsletter

STUDENTS

(669 MEMBERS)

Chair: Alexandra Richard

- Offered 118 students the opportunity to participate in the 5th edition of our nation-wide student mentorship program
- Presented two research grants and two campus initiative grants to student affiliates
- Coordinated the CPA's faculty, campus, and student representative program with a total of 75 representatives

TEACHING OF PSYCHOLOGY

(84 MEMBERS)

Chair: Elizabeth Bowering

- Encouraged submissions to the 2020 CPA convention and developed a stimulating Section program
- Discussed how to enhance communication and promote engagement with ToP section members

TRAUMATIC STRESS

(371 MEMBERS)

Chair: Eva Monson

- Launched a competition for Support Grants for Community Outreach Initiatives
- Continued distribution of our Traumatic Stress Section Newsletter
- Developed and distributed a Resource Handout for Managing COVID-19 Anxiety

SECTION ON WOMEN AND PSYCHOLOGY

(166 MEMBERS)

Chair: Janelle Kwee

- Continued distribution of our Section Newsletter
- Co-hosted 2019 pre-convention workshop with three other CPA Sections

OUR COMMITTEES, TASK FORCES, PANELS, AND JOURNALS



Our governance relies on our pillar committees, panels, arm's length committees, and task forces for policy guidance. We are grateful to the members of our Board of Directors and our engaged members for their time and their leadership.

BOARD COMMITTEES

Administration, Finance, and Audit: Ian Nicholson (Chair), Karen Cohen (ex-officio), Kim Corace, Samuel Mikail

Education and Training: Peter Graf (Chair), Suzanne Bell, Sandra Byers, Katherine Elliott, Myra Fernandes, Melissa McGonnell, Meghan Norris, Kerri Ritchie (CCPPP Representative), Stewart Madon (ex-officio), David Mercer (ex-officio), Alisia Palermo (CPA Student Representative), Alessandra Schiavetto, Julia Stamp (CPA Student Representative), Catherine-Marie Vanasse, Gabrielle Wilcox

Fellows and Awards: Samuel Mikail (Chair), Richard Bourhis, Ester Cole, Martin Drapeau, Heather Hadjistavropoulos, Paul Hewitt, Colin MacLeod, Judi Malone, Jeff Mogil

Governance: Ian Nicholson (Chair), Karen Cohen (ex-officio), Kim Corace, Samuel Mikail

International Relations: Janel Gauthier (Chair), John Berry, Gira Bhatt (Secretary),

Cristina Busila, Naomi Koerner, Gary Latham, Kimberley Noels, Saba Safdar, Ada Sinacore (Board Liaison), Peter Suedfeld, Randal Tonks, Jennifer Veitch, Marta Young

Past Presidents: Samuel Mikail (Chair), all past CPA presidents

Professional Affairs: Kim Corace (Chair), Graham Bean, Carmen Bellows, Karen Cohen (ex-officio), Ester Cole, Reno Gandhi, Zarina Giannone, Kristina Gicas, Elizabeth Hartley, Janine Hubbard, Lewis Leikin, Judi Malone, Samuel Mikail, Codie Rouleau, Kelly Dean Schwartz, Deanne Simms, Missy Teatero

Scientific Affairs: Jean Saint-Aubin (Chair), Ken Craig, Frederick Grouzet, Thomas Hadjistavropoulos, Randall Jamieson, Sean Kidd, Jo-Anne Lefevre, Wolfgang Linden, Morris Moscovitch, Amanda O'Brien, Debra Pepler, Mary Lou Smith, Aimée Surprenant, Sandra Byers, Lisa Votta-Bleeker (ex-officio)

Council of Sections: Laurie Ford (Chair), all Section chairs

MANAGEMENT COMMITTEES

Convention: Lisa Votta-Bleeker (Chair), Laurie Ford (ex-officio; Council of Sections), Ian Nicholson (Board Liaison), Rob Cribbie, Frederick Grouzet, Michelle Guzman-Ratko, Georden Jones, Alisia

OUR COMMITTEES, TASK FORCES, PANELS, AND JOURNALS

Palermo, Jérémie Richard, Kristin Reynolds, Nicole Sugden, Carly Marshall, Kathy Lachapelle-Petrin

Membership: Leanna Verrucci (Chair), Karen Blair, David Bourgeois, Zarina Giannone, Peter Graf, Andrew Lumb, Chelsea Moran, Adam Sandford, Lisa Votta-Bleeker

Publications: Lisa Votta-Bleeker (Chair), Christine Chambers, Martin Drapeau, Vina Goghari, Randall Jamieson, Jo-Anne LeFevre, Natalie Mota, Allison J. Ouimet, Jean Saint-Aubin, Aimée Surprenant

ARMS-LENGTH COMMITTEES

Ethics: Carole Sinclair (Chair), David Danto (Board Liaison), Janel Gauthier, Paulette Hunter, Lillian MacNeill (CPA Student Representative), Stewart Madon (ex-officio), Meaghan McMurty, Pat O'Neill, Hélène Richard, Cannie Stark, Don Stewart, Ivan Zinger

Knowledge Sharing Group/Standing Committee on Reconciliation with Indigenous Peoples: David Danto (Chair), Rozen Alex, Robin Alter, Jeffrey Ansloos, Stryker Calvez, Karen Cohen (ex-officio), Benjamin Gould, Roger John, Gary Martin, Ed Sackaney

TASK FORCES

End of Life Guidelines: Kerri Ritchie (Chair), Clarissa Bush, Judi Malone, Cheryl Nekolaichuk, Arlin Pachet, Elaine Ply, Amanda Pontefract, Keith Wilson

Equity, Diversity & Inclusion: Carmen Bellows (Co-Chair), Kerri Ritchie (Co-Chair), Ada Sinacore, Lisa Votta-Bleeker
**Task force to be populated in 2020*

Opioid: Kim Corace (Chair), Paige Abbott, Kenneth Craig, Emma Eaton, Heather Fulton, Joel Katz, Shari McKee, Lachlan McWilliams, Sylvain Roy, Brian Rush, Sherry Stewart, Shandra Taylor, Aliza Weinrib, Keith Wilson

Title: Blake Jelley (Co-chair), Kerri Ritchie (Co-Chair), Carmen Bellows, Karen Cohen (ex-officio), Todd Leader, Lewis Leikin, Colton Macdonald, Karen Messer Engel (ACPRO Liaison), Estes Paul Moustacalis, Emily Orr, Don Saklofske, Kelly Schwartz, Jaleh Shahin, Joseph Snyder, Jennifer Veitch, Lisa Votta-Bleeker (ex-officio)

ACCREDITATION PANEL

Deborah Dobson (Chair), Douglas Cane, Damien Cormier, Mark Olver, Niki Fitzgerald, Anusha Kassan, Elaine De Guise, Vina Goghari, Stewart Madon (ex-officio), Matthew McDaniel (Student member)

OUR JOURNAL EDITORS

Canadian Psychology: Vina Goghari

Canadian Journal of Behavioural Science: Allison J. Ouimet

Canadian Journal of Experimental Psychology: Randall Jamieson

CPA'S 2020-2025 STRATEGIC PLAN

OUR VISION

A society where understanding of diverse human needs, behaviours and aspirations drive legislation, policies and programs for individuals, organizations and communities.

OUR MISSION

Advancing research, knowledge and the application of psychology in the service of society through advocacy, support and collaboration.

CPA GUIDING PRINCIPLES

- Evidence-based practice, policy and decision-making.
- Respect our organizational mission in all things: support and promote the development of the discipline and profession and its contributions to the people and society in which we live and work.

- Deliver value to members and affiliates.
- Respect, integrity, diversity and inclusion guides all our activity.
- Model the principles of the CPA Canadian Code of Ethics in all we do.
- Collaborate meaningfully and constructively with the CPA's and psychology's partners and stakeholders.

CPA OPERATING PRINCIPLES

- **A commitment to best practice** in the governance and management of the association.
- **Organizational effectiveness.** Our strategic goals reflect and respond to the needs and views of our membership and stakeholders. We align operations to strategic goals. We balance the need for

continuity of policy and programming with the need to respond to changes in the organization's climate and context. We walk the talk of respect and collaboration among Board, management, staff, members, affiliates, partners and stakeholders.

- **Provide psychology across Canada a professional home.** We can do this by being a convener and by supporting networks and communication among scientists, practitioners and educators in psychology.
- **Have an opinion, lend a voice, make change for the good.** We engage members and their expertise in making contributions to public policy.
- **See, hear, and consider a diversity of perspectives** from among members, affiliates, partners and stakeholders when addressing issues, problems, policies and initiatives facing psychology or the organization.

GOAL 1

Supports and promotes psychological science to advance knowledge and to address the concerns of people and the society in which we live and work

GOAL 2

Meets the needs, supports the growth and enhances the impact of the discipline and profession

TO BE AN ASSOCIATION THAT:

GOAL 6

Is accountable to Indigenous peoples through the CPA's response to the *Truth and Reconciliation Commission (TRC)* of Canada's report

GOAL 5

Promotes and models equity, diversity and inclusion in all that we do

GOAL 3

Advocates for access, resources and funding for psychological services and research, in parity with physical health, for the people in Canada

GOAL 4

Addresses the education, training and career development needs of students, educators, scientists and/or practitioners of psychology across their lifespan

CANADIAN
PSYCHOLOGICAL
ASSOCIATION



SOCIÉTÉ
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